

**2007 Youth Risk Behavior Survey
Montana Alternative Schools
Trend Report**

<i>Injury and Violence</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	95.4	95.9	95.9	96.6	94.2	94.8	94.5
Never or rarely wore a seat belt when riding in a car driven by someone else	55.1	53.7	47.9	47.1	38.3	29.1	30.6
Never or rarely wore a seat belt when driving a car				46.3	40.8	31.4	38.0
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	60.9	53.3	53.1	46.8	53.8	46.8	40.2
Drove a car when they had been drinking alcohol during the past 30 days	37.1	30.7	30.1	26.1	31.2	24.8	20.9
Carried a weapon such as a gun, knife, or club during the past 30 days	29.7	29.7	26.2	31.0	26.1	31.6	25.2
Carried a gun during the past 30 days	14.4	12.1	10.4	14.5	7.6	11.6	10.6
Carried a weapon on school property during the past 30 days	16.5	19.7	15.6	14.3	11.2	16.8	13.8
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	6.2	9.4	5.5	9.8	8.4	6.7	6.6
Had been threatened or injured with a weapon on school property during the past 12 months	10.3	9.0	12.6	16.3	10.8	10.2	9.3
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months					31.4	25.6	23.5
Were in a physical fight during the past 12 months	58.2	59.1	58.4	62.3	51.8	51.1	49.7
Were injured in a physical fight that required medical treatment during the past 12 months	12.7	15.3	10.6	15.5	8.8	8.6	10.0
Were in a physical fight on school property during the past 12 months	21.8	26.5	22.8	24.2	18.9	20.4	19.8
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months			17.8	21.3	21.6	24.2	20.2
Have ever been physically forced to have sexual intercourse when they did not want to			22.8	22.9	23.0	24.6	18.1
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months			39.5	42.7	46.7	45.1	39.2
Seriously considered attempting suicide during the past 12 months	33.0	33.8	26.4	32.7	31.8	33.2	26.2
Made a plan about how they would attempt suicide during the past 12 months	26.6	28.2	25.3	24.1	25.4	28.7	20.2
Actually attempted suicide during the past 12 months	17.6	21.7	19.0	25.3	20.0	22.2	16.0
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	8.7	8.3	8.6	9.1	7.0	7.3	5.8

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<i>Tobacco Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever tried cigarette smoking	94.1	92.1	95.8	95.1	92.0	90.5	81.2
Smoked a cigarette before age 13	54.4	60.0	64.2	69.6	55.1	46.4	53.5
Smoked a cigarette on one or more of the past 30 days ("current")	75.5	70.3	75.4	66.7	70.1	70.4	48.7
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	61.0	52.0	58.8	49.4	53.0	50.9	33.3
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	42.2	31.2	31.8	32.7	23.8	19.8	15.3
Usually got their cigarettes by buying them in a store or gas station during the past 30 days				24.8	22.7	20.2	14.8
Smoked cigarettes on school property during the past 30 days	58.1	45.5	37.1	29.3	29.9	31.1	20.9
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")			79.8	70.7	67.8	61.2	53.2
Among current smokers, tried to quit smoking during the past 12 months				50.9	52.2	66.4	65.3
Used chewing tobacco, snuff, or dip during the past 30 days	31.8	23.2	19.0	19.8	14.9	20.9	17.2
Used chewing tobacco, snuff, or dip on school property during the past 30 days	23.2	14.7	12.0	13.0	7.1	13.9	11.7
Smoked cigars, cigarillos, or little cigars during the past 30 days			20.9	29.5	22.9	34.9	24.0

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<i>Alcohol and Other Drug Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Had at least one drink of alcohol during their life	94.6	94.3	92.0	93.4	93.4	92.3	87.8
Had first drink of alcohol before age 13	63.3	57.6	57.8	65.4	51.4	48.3	44.6
Had at least one drink of alcohol during the past 30 days ("current")	67.0	67.0	63.2	63.8	72.5	68.0	60.4
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	55.5	58.8	55.7	53.1	66.8	58.5	50.2
Had at least one drink of alcohol on school property during the past 30 days	10.2	11.4	11.1	12.5	8.9	9.0	9.1
Used marijuana during their life	88.0	87.5	88.3	90.2	88.1	86.1	72.5
Tried marijuana before age 13	35.6	43.9	54.2	56.4	44.0	43.2	33.2
Used marijuana during the past 30 days ("current")	60.7	61.2	62.1	62.1	64.4	65.5	46.3
Used marijuana on school property during the past 30 days	21.9	24.8	21.1	19.7	17.0	16.8	14.6
Used any form of cocaine during their life	40.2	46.6	42.4	46.6	42.7	40.9	33.3
Used any form of cocaine during the past 30 days ("current")	18.7	19.0	14.5	17.6	17.4	18.3	11.8
Used inhalants during their life	43.0	40.6	36.7	39.5	27.7	28.8	32.2
Used heroin during their life			11.5	14.1	8.9	9.5	8.9
Used methamphetamines during their life			51.2	55.0	45.9	40.2	23.3
Used ecstasy during their life					26.3	23.6	25.3
Took steroid pills or shots without a doctor's prescription during their life	9.7	12.0	13.2	15.4	10.6	11.8	8.0
Used a needle to inject any illegal drug into their body during their life	10.2	10.3	12.1	15.3	8.4	8.7	6.8
Were offered, sold, or given an illegal drug on school property during the past 12 months	44.4	46.2	41.9	43.5	46.6	40.3	33.5

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<i>Sexual Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever had sexual intercourse	90.3	88.2	87.2	87.9	84.1	83.9	81.7
Had sexual intercourse before age 13	27.0	21.0	28.8	30.8	19.7	17.5	19.1
Had sexual intercourse with four or more people during their life	66.6	54.8	51.5	59.4	51.4	58.3	44.5
Had sexual intercourse during the past three months ("current")	71.9	63.5	59.1	56.8	66.1	65.0	56.4
Drank alcohol or used drugs before last sexual intercourse	40.5	47.0	49.3	48.0	43.5	41.5	43.6
Currently sexually active and used a condom during last sexual intercourse	39.8	39.7	45.7	38.6	49.1	49.2	51.4
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	17.7	14.0	14.6	14.3	17.6	17.1	19.4
Had ever been taught about AIDS or HIV infection	91.4	87.4	89.1	88.2	87.9	86.4	89.4

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<i>Weight Management and Dietary Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Described themselves as slightly or very overweight	33.8	32.4	31.8	33.8	33.0	31.6	32.3
Were trying to lose weight	41.9	39.5	36.7	39.9	43.0	40.7	45.3
Exercised to lose weight or to keep from gaining weight during the past 30 days	42.9	43.7	49.6	50.6	45.1	45.9	59.2
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days			35.0	37.6	36.2	32.1	40.3
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days			18.1	18.5	22.5	16.3	15.5
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days			11.2	10.8	16.7	9.1	10.7
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	7.3	6.2	6.7	9.1	9.7	7.1	8.5
Drank 100% fruit juices during the past seven days			76.6	75.8	81.4	76.0	79.6
Ate fruit during the past seven days			84.0	83.7	88.0	84.4	84.6
Ate green salad during the past seven days			66.9	66.3	59.5	69.7	65.9
Ate potatoes during the past seven days			72.6	72.8	70.4	65.2	73.4
Ate carrots during the past seven days			54.9	55.5	46.7	49.1	52.2
Ate other vegetables during the past seven days			82.1	77.6	78.8	78.7	79.6
Drank at least one can, bottle, or glass of soda or pop daily during the past seven days							35.0
Drank three or more glasses per day of milk during the past seven days			27.5	29.8	18.9	19.8	24.9

**2005 Youth Risk Behavior Survey
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<i>Physical Activity</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days ("vigorous")	45.8	51.0	52.2	58.8	44.9	45.8	NA
Participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days ("moderate")			23.3	27.5	19.1	21.5	NA
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days						14.8	45.0
Watched three or more hours per day of TV on an average school day			33.5	29.1	29.5	28.6	22.2
On an average school day, played 2 or more hours of video or computer games or used a computer for something not school-related							28.7
Attended physical education (PE) classes on one or more days in an average week when they were in school	39.8	38.8	39.4	46.9	38.7	40.6	58.9
Attended physical education (PE) classes daily in an average week when they were in school	21.9	23.6	14.3	27.6	22.6	19.3	41.7
Are enrolled in physical education (PE) class and actually exercised or played sports more than 20 minutes during an average PE class	65.8	73.3	73.4	80.7	74.7	66.5	NA
Played on one or more sports teams during the past 12 months			31.9	29.8	26.5	27.9	41.0

<i>Other</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Had ever been told by a doctor or nurse that they had asthma						28.6	25.8